



Introduction

Disclaimer

The information on these slides is for general guidance only and is not legal advice. It should not be regarded or relied upon as a complete or authoritative statement of the law. The Law Clinic does not represent or warrant that the information on the website is accurate, complete or up to date.

Please see the full disclaimer [here](#).

What are these slides for and how should I use them?

- These slides provide general advice on the different stages of a Scottish Social Services Council (SSSC) fitness to practice investigation.
- We suggest you read through them in the order they are listed on our website.
- Remember that the information provided here is general advice only and each worker's situation will have specific circumstances. We recommend that you seek legal advice alongside reading these slides.
- You can also find more information about the process in the [SSSC factsheets](#). Links to the relevant factsheets are provided in each slideshow.

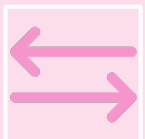
I've received a letter from the SSSC about my fitness to practice, what should I do?



It is very important that you read any letters and documents that the SSSC sends you. You might find it helpful to sit down with someone else to read through them together.



Make a note of any deadlines and try your best to meet them.



Remember that it's an **opt-in process**. If a sanction is proposed and you do not request a hearing, it will be imposed. For more information on the opt - in process, see our slideshow 'The Fitness to Practice Process'.

Where can I get advice?

You may be able to receive advice from:

- A trade union or professional body
- Citizens Advice Scotland
- A Law Centre
- A solicitor
- Faculty of Advocates

You can find more information in [SSSC Factsheet #5.](#)

Where can I get support?



Breathing Space

<https://breathingspace.scot/>

Telephone: 0800 83 85 87

Samaritans

<https://www.samaritans.org/scotland/how-we-can-help/contact-samaritan/>

Telephone: 116 123